



Natural Skin & Hair Care, Bath and Body Products
Handcrafted with ♥ & Soul!
Product Range 2009

Revive Holistic and Beauty Therapies Hair and Beauty Products are designed and created by Zoe Penny a qualified Aromatherapist, Beauty Therapist and Reiki Master. The initial impetus came from her professional and personal desire to create a range of products which were **Natural, Holistic and Handcrafted**. This is the total anti-thesis of many products available on the market, which are often: laden with synthetic ingredients, impersonal and mass produced in factories.

Zoe also intended the range to reflect her love of **Global Travel, Indigenous Traditions and her passion for Mother Nature**, so the Natural Ingredients used in the products are sourced from countries around the world in areas such as South America, Africa, Polynesia, Europe and the Caribbean. The resulting **Hair and Beauty Product Range** represent a unique and passionate Fusion of Heart and Soulful Influences.

The **Product Range** is created with a high level of **Natural Active Ingredients**, carefully selected for **everyday Skin and Hair Care**, also for their **Therapeutic Effect on the Body, Mind and Emotions**. Many of the products include **Essential Oils**, which are natural extracts of various plants and flowers. When applied to the skin or scalp, they are absorbed into the bloodstream where they continue to have therapeutic benefit.

For **Quality Assurance**, all products are Handcrafted and have also undergone rigorous External Safety Assessments as per European Union Cosmetic Regulations. The ingredients are derived from Sustainable Sources and neither Ingredients nor Finished products have been tested on animals.

We are also able to carry out individual consultations to create your own personalised products for skincare or health conditions. Please contact us for further details.

The Benefits of Natural Products

They are Healthier, Purer and Less Toxic

Many mass produced products contain synthetic ingredients, which research shows are toxic or harmful to human health, ranging from skin, scalp or eye irritants to more serious issues such as carcinogenic (form cancer cells), disruptive to the reproductive or endocrine system etc.

Our Skin absorbs what is placed on to it, so any harmful chemicals present in products will be taken into our internal system. For further in depth reading here is a link to some useful articles by the Women's Environmental Network <http://www.wen.org.uk/cosmetics/resources.htm>

They are Holistic – meaning that the Ingredients used have positive effects on the surface level of Beauty and Hair Care by cleansing, protecting or moisturising. In addition to this, some of the Ingredients e.g Essential Oils also help to Balance the Internal Body Systems, Mind and Emotions. See Ingredient Glossary below for further information.

They Help Bring a Closer connection to Mother Nature – which is often lacking in our modern, urban, fast paced and stressful lives.

A Little Goes A Long Way – less product is needed for the intended application, thus making them good value for money

SKIN CARE RANGE...



Left to Right: Cleanser 100ml, Facial balm 100g, Moisturiser 50g, Eye gel 10g, Facial oil 50ml, Toner 100ml (rear)



BATH & BODY RANGE...



Bath Melts Floral Bloom 8g
Also available in heart shapes 12g



Bath Salts 250g & 100g



Bath Salts 200g
in cellophane cones



Left to Right: Body Massage Bars 8g,
Body Balm 100g & Body Massage Bars 12g (hearts)
& to rear Body Balm 250g, Body Cream 100g



Body Exfoliators
100g & 250g



Skin Soothe Balm for Dry, Irritated Skin e.g. Eczema, Psoriasis
Aveta Balm to assist in the prevention and reduction in the appearance of Stretch Marks
Body Warmer Balm for conditions such as Arthritis, Rheumatism etc
All these Balms are available in 100 & 250g

LIMITED EDITIONS

Please check our Website for Current Limited Editions as we change these according to the Seasonal Special Occasions



Christmas Range: Body Bling Massage Bars and Three Kings Bath Melts



Valentines Day: Satin Sheets Wax Melts and Love is in the Air Bath Melts (His & Hers)

GIFT SETS...

Presented in Organza Bags (various colours available)

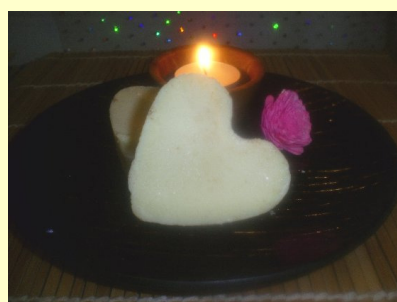


Top to Toe and Relax A vu Gift Sets

NATURAL HAIR PRODUCTS &
INGREDIENTS FOR MAKING YOUR OWN PRODUCTS



Nefertiti Hair Oil and Herbal Hair Oil



Nefertiti Hair Butter and Conditioning Hair Melt



Ayurvedic Herbal Hair Powder (2 types available) and
Henna Natural Hair Colourant

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Tel: 0161 476 3301 Mobile: 07903 162 041

Other Natural Hair Products are also available:

Natural Colourants: Indigo, Cassia, Hair Clays,
Organic Liquid Castille Soap for Shampoo Making

& To Make Your Own Skin, Hair, Bath and Body Products:

Guides, Ingredients: Oils, Butters,

Essential Oils, Cosmetic Grade Fragrance Oils, Emulsifiers/Thickeners,

Facial Mask Clays: Rhassoul, Aloe/Rose/Kaolin/Sandalwood Blend,

Botanicals and some Packaging Items



Cocoa Bean from which Cocoa Butter is derived



Coconut Oil



Calendula (Marigold) Petals

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Key:

** 100% natural.

-- Contains 0.5% to 1% synthetic preservative

SKIN CARE – larger sizes of the range are available on special order		
Balance for normal & sensitive skin Clarity for oily, congested or combination skin Rejuvenate for dry or mature skin	SIZES	PRICE £
--Cleansers – Gentle Creamy Cleanser With Essential Oils Balance – with Rose, Mandarin and Roman Chamomile Clarity – with Geranium, Ylang Ylang and Grapefruit Rejuvenate – with Rose Otto, Frankincense and Carrot Seed	100ML 250ML	7.40 15.70
**Toners – Natural Floral Waters produced as (a bi-product of the process of distilling essential oils) Balance – Neroli (Orange flower) & Lavender Clarity - Geranium & Ylang Ylang Rejuvenate – Rose Croatian & Cardamom	100ML 250ML	7.40 15.70
--Moisturisers - Sunflower, Sweet Almond, Macadamia Oils & Shea Butter Balance – with Rose, Mandarin and Roman Chamomile Clarity – with Geranium, Ylang Ylang and Grapefruit Rejuvenate – with Rose Otto, Frankincense and Carrot Seed	50G 100G	6.95 11.15
**Facial Balms - 55% Evening Primrose oil, 45%Avocado butter & Vitamin E with essential oils Balance – with Rose, Mandarin and Roman Chamomile Clarity – with Geranium, Ylang Ylang and Grapefruit Rejuvenate – with Rose Otto, Frankincense and Carrot Seed	50G 100G	10.55 19.35
**Facial Oils – 98.75% Grapeseed, Evening Primrose & Vitamin E with essential oils Balance – with Rose, Mandarin and Roman Chamomile Clarity – with Geranium, Ylang Ylang and Grapefruit Rejuvenate – with Rose Otto, Frankincense and Carrot Seed	50ML 100ML	7.45 13.15
--Eye Gel – with Aloe and Seaweed gel and Rose Otto essential oil	10ML 25ML	5.40 11.60
Skin Care Sample Set – choose from your Skin Type Balance, Clarity or Rejuvenate Toner 30ml, Toner 30ml and Moisturiser 25g <i>(sample items are also sold individually and come in standard packaging)</i>		6.95
BODY AND BATH – larger sizes of the range are available on special order		
**Body Balm - Suitable for all skin types. 97.5% Macadamia Butter and Sweet Almond Oil with Essential or Fragrance Oils Eastern Promise – with Rose, Jasmine and Patchouli Fleur Orange – with Lavender, Tangerine and Rose Geranium Zinziba – with Roman Chamomile, Lavender and Ginger Purity – with Celery Seed, Grapefruit, Lemon and Frankincense	100G 250G	8.50 18.60
**Body Balms - Suitable for all skin types Skin Soothe Balm – Sweet Almond, Avocado and Apricot Kernel Oils infused with Calendula Petals, Cocoa Butter, Shea Butter and Oat Extract – Unscented for dry, irritated skin conditions e.g. eczema, psoriasis Aveta Balm - Grapeseed Oil, Shea Butter, Cocoa Butter, Coconut, Flaxseed, Rosehip and Vitamin E Oils – Unscented to assist in the prevention and reduction in the appearance of stretch marks Body Warmer Balm – Sweet Almond, Mustard Seed Oils, Cocoa Butter, Shea Butter, Lavender, Ginger, Lemon and Orange Essential Oils – to assist in the reduction of inflammation, pain, toxic build up e.g. arthritis, rheumatism, after sports	100G 250G 100G 250G	6.00 13.50 7.50 16.50
--Body Cream -suitable for all skin types – with Mango butter, Coconut oils & Cocoa Butter Eastern Promise – with Rose, Jasmine and Patchouli essential oils Blossom – with Neroli, Rose and Geranium essential oils Citrus Spice – with Sweet Orange, Palmarosa, Lemon and Nutmeg essential oils	100G 250G	8.50 18.60
**Body Massage bars - For all skin types. With 67% Cocoa butter, 33% Shea butter & Olive wax & Essential Oils Jazzy Rose – with Rose and Jasmine Floral Bloom – with Lavender and Rose Geranium Citrus Zest – with Sweet Orange, Palmarosa and Lemon Purity – with Celery Seed, Grapefruit, Lemon and Frankincense	SML 8g each 4 = 3.75	MED 12g each 4 = 5.00
**Bath Salts - For all skin types. With natural Sea Salt, Essential oils and Flower Petals Exotique – with Patchouli, Ylang Ylang, Rose, Sweet Orange and dried Indian Rose petals Floral Bloom – with Geranium, Lavender and dried petals Citrus Zest – with Sweet Orange, Palmarosa, Lemon and dried orange pieces Purity – with Celery Seed, Grapefruit, Lemon and Frankincense and dried Lemongrass	100G 200G 250G 500G	3.25 6.00 7.50 14.00

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**Body Exfoliators – Sea Salt, Coconut, Castor and Vitamin E oils, Glycerine soap with Essential or Fragrance Oils Citrus Spice – Lime, Ginger & Tangerine Exotique – with Rose, Ylang Ylang, Mandarin & Patchouli Floral Bloom – with Lavender and Rose Geranium Purity – with Celery Seed, Grapefruit, Lemon and Frankincense	100G 250G	5.00 12.00
**Bath Melts – with 96.5% Cocoa butter & Sweet Almond oil with Essential Oils & Flower Petals Exotique – with Patchouli, Ylang Ylang, Rose, Sweet Orange and Indian rose petals Floral Bloom – with Lavender, Rose Geranium & Lavender petals Citrus Zest – with Sweet Orange, Palmarosa, and Lemon with dried orange pieces Purity – with Celery Seed, Grapefruit, Lemon and Frankincense and dried Lemongrass	SML 8g each 4 = 3.75	MED 12g each 4 = 5.00
**Bath & Body Sample Set – (sample items are also sold individually and come in standard packaging) 25g Floral Bloom Bath Salts, 1 x 8g Floral Bloom Bath Melt, 25g Citrus Spice Body Exfoliator and 25g Eastern Promise Body Cream		5.15
Gift Sets – all presented in Organza Tote Bags (various colours available) Top to Toe – Cleanser 50ml, Toner 50ml, Moisturiser 25g, Body Cream 50g, Body Exfoliator 50g, Bath Salts 50g Choose from Clarity, Balance or Rejuvenate with a selection of different types from the Bath and Body Ranges (see website for further details) Butterlicious – Body Butter 50g, Bath Melts 2 x 8g, Body Butter Bars 2 x 8 g, Lip Butter 10ml Available in Floral, Exotic or Citrus Relax A Vu – Exotique Bath Melt 1 x 12g, Floral Bloom Bath Salts 50g, Exotique Body Exfoliator 50g, Cleopatra Pulse Point Perfume Oil 10ml		20.00 13.00 10.00
NATURAL HAIR PRODUCTS – Butters, Oils, Clays and Herbal Powders		
**Nefertiti Hair Butter – with Cocoa, Shea, Avocado and Sweet Almond Butters, Grapeseed, Coconut, Macadamia Oils, Honey Quat and Hibiscus Extract	100g 250g	6.00 14.50
**Nefertiti Hair Oil – with Grapeseed, Castor, Jojoba, Brazil Nut, Avocado, Soya Bean and Coconut Oils, Mango Butter and Silk Protein (1% max for those with protein sensitive hair) Choose from Unscented or Scented: 1) Lavender and Geranium for Scalp Soothing, Sebum Balancing, will also help reduce stress! 2) Lemon and Rosemary for Scalp Stimulation & Toning and to improve General Energy Levels	Unscented 100ml 250ml Scented 100ml 250ml	6.00 13.50 6.50 14.75
**Herbal Hair Oil – with Avocado, Fractionated Coconut and Grapeseed Oils, Herbal Hair Blend: Coltsfoot, Horsetail, Nettle, Comfrey, Oatstraw and Seaweed Powder	100ml 250ml	3.50 7.75
**Lakshmi Ayurvedic Herbal Hair Oil – with Fractionated Coconut, Avocado & Grapeseed Oils, Brahmi, Methi, Hibiscus, Amla, Kapoor Kachli, Bhringaraj and Neem	100ml 250ml	3.50 7.75
**Coco Loco Hair Oil – with Organic Virgin Coconut, Avocado, Fractionated Coconut and Grapeseed Oils infused in a powerful blend of Ayurvedic Herbs: Amla, Brahmi, Bhringaraj, Hibiscus, Methi (Fenugreek) and Neem. Available in Unscented or Naturally Scented with a Blend of Hair Growth promoting Essential Oils: Cedarwood, Lavender, Rosemary and Sage.	Unscented 100ml 250ml Scented 100ml 250ml	5.00 11.00 5.75 12.85
**Coco Loco Pomade – with Organic Virgin Coconut and Cold Pressed Safflower Oils, Jojoba Wax Panthenol and Hibiscus Extract.	100g 250g	5.75 12.85
**Organic Shea and Olive Pomade – with Organic Unrefined Shea Butter, Cold Pressed Safflower Oil for Olive Wax and Panthenol	100g 250g	5.00 11.50
**Revitalise Hair Growth Pomade – with Herbal Hair Oil containing six types of herbs for Hair and Scalp Health: Coltsfoot, Horsetail, Nettle, Comfrey, Oatstraw and Seaweed Powder infused in Grapeseed, Avocado and Fractionated Coconut Oils, Unrefined Organic Shea Butter, Organic Virgin Coconut Oil, Cold Pressed Castor Oil, Olive Wax and our trusted Essential Oil Hair Growth Promoting Blend of Sage, Rosemary, Lavender and Sage	100g 250g	6.75 15.40
**East Meets West Hair Growth Oil – with Safflower, Castor, Jojoba, Avocado, Olive and Fractionated Coconut Oils, Burdock, Nettle, Amla, Brahmi and Bhringaraj Herbs, Lavender, Cedarwood, Rosemary and Sage Essential Oils. The higher price indicates the Oil purchased with a Pipette for easier application.	50ml 100ml 250ml	4.25/4.45 7.50/7.70 17.25/17.45
**Conditioning Hair Melts – with Cocoa & Unrefined Shea Butters, Organic Virgin Coconut Oil, Avocado, Fractionated Coconut, Olive, Baobab, Jojoba and Brazil Nut Oils infused in Hibiscus and Marshmallow Root with Panthenol, Honeyquat, Hydrolysed Wheat and Corn Proteins (1% max for those with protein sensitive hair) Choose from Unscented or Scented with Essential Oils reputed to assist in Hair Growth: Cedarwood, Lavender, Peppermint and Rosemary	Unscented 50g Scented 50g	3.50 4.00
**Herbal Powders Amla, Brahmi, Methi (Fenugreek) and Hibiscus Aritha and Shikakai	100g 100g	2.80 2.35
**Hair and Facial Clays Organic Rhassoul Bentonite or Fullers Earth	25g 50g 100g 100g 250g	1.35 2.50 4.25 1.10 2.50

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White Kaolin	100g 250g	1.50 3.25
Aloe, Rose, x 2 types of Sandalwood Powders with White Kaolin	100g	3.75
NATURAL HAIR PRODUCTS		
Sulphate Free Shampoo's, Daily Moisturisers/Leave In Conditioners, Deep Conditioners, Hair Spritzes		
--SLS Free Moisturising Shampoo – with Distilled Water, Glycerine, Conditioning and Detangling emulsifier, Brazil nut, Safflower and Jojoba oils, Honey Moisturiser, Panthenol, Hibiscus and Marshmallow root extracts, two types of Mild Cleansing Agents. Available as unscented or with Ylang Ylang and Patchouli or Geranium and Lavender Essential Oils.	Unscented 100ml 250ml	3.50 7.75
	Scented 100ml 250ml	4.00 9.00
--SLS Free Gentle Clarifying Shampoo – with Geranium and Bergamot Floral Waters, Organic Liquid Castille, Avocado and Olive Oils, Panthenol, Herbal Extract of Coltsfoot, Burdock, Nettle and Horsetail. Available in Unscented or Lemon and Rosemary or Lavender and Geranium Essential Oils.	Unscented 100ml 250ml	3.50 7.75
	Scented 100ml 250ml	4.00 9.00
--Nutterlicious Daily Moisturiser/Leave In Conditioner – with Distilled Water, , Unrefined Shea Butter, Organic Virgin Coconut, Sweet Almond, Macadamia, Kukui Nut Oils, Conditioning and Detangling Emulsifier, Panthenol (Vitamin B5) for Strength, Honey Quat (another Humectant and Moisturiser), Marshmallow and Hibiscus Extract. Available in Vanilla Fragrance or Unscented Available in Vanilla Fragrance or Unscented	Unscented 100ml 250ml 500ml	4.00 9.00 16.50
	Scented 100ml 250ml 500ml	4.50 10.25 19.00
	Unscented 100ml 250ml 500ml	5.00 11.00 21.50
--Nutterlicious Deep Conditioner – with Organic Virgin Coconut, Brazilian Babassu, Sweet Almond, Macadamia, Brazil Nut, Kukui Nut and Jojoba Oils, Conditioning and Detangling Emulsifier, Panthenol (Vitamin B5), Honey Quat (another Humectant and Moisturiser), Marshmallow and Hibiscus Extract Available in Vanilla Fragrance or Unscented	Scented 100ml 250ml 500ml	5.50 12.75 24.00
	Unscented 100ml 250ml	3.50 7.75
	Scented 100ml 250ml	4.00 9.00
--Nutterlicious Hair Spritz – with Water, Glycerine (to attract moisture to the Hair), 30% Macadamia, Kukui Nut and Sweet Almond Oils, Polysorbate 20, Marshmallow Root and Hibiscus Extract for Softness and Shine, Panthenol for Strength and Honey Quat for additional Moisture. Available in Vanilla Fragrance or Unscented	Unscented 100ml 250ml 500ml	4.00 9.00 16.50
	Scented 100ml 250ml 500ml	4.50 10.25 19.00
	Unscented 100ml 250ml 500ml	5.00 11.00 21.50
--Light and Silky Daily Moisturiser/Leave In Conditioner – with Distilled Water, Aloe Juice, Glycerine (attracts moisture to the Hair), Softening and Smoothing Grapeseed Butter, Organic Virgin Coconut, Safflower and Grapeseed Oils, Conditioning and Detangling Emulsifier, Strengthening Silk, Balsam for extra moisture, Scalp Soothing and Toning Rose, Chamomile, Lavender and Calendula Extract. Available in Unscented or Rose and Geranium	Scented 100ml 250ml 500ml	5.50 12.75 24.00
	Unscented 100ml 250ml 500ml	5.00 11.00 21.50
	Scented 100ml 250ml 500ml	5.50 12.75 24.00
--Light and Silky Deep Conditioner – with Distilled Water, Aloe Juice, Glycerine (attracts moisture to the Hair), Softening and Smoothing Grapeseed Butter, Organic Virgin Coconut, Japanese Camellia, Safflower and Grapeseed Oils, Conditioning Emulsifier, Strengthening Silk, Balsam for extra moisture, Scalp Soothing and Toning Rose, Chamomile, Lavender and Calendula Extract. Available as Unscented or with Rose and Geranium Essential Oils	Unscented 100ml 250ml	3.50 7.75
	Scented 100ml 250ml	4.00 9.00
	Unscented 100ml 250ml	3.50 7.75

--Protein, Moisture and Growth Deep Conditioner – with Distilled Water, Glycerine, Olive, Avocado, Organic Virgin Coconut, Jojoba Oils, Avocado and Olive Butters, Conditioning and Detangling Emulsifer, Silk Protein, Corn and Wheat Protein, Ayurvedic Herbal Extract of Amla, Brahmi, Bhringaraj and Fenugreek and Seaweed Extract (increases the number of hairs by 10%, hair growth by 27%) and Hair Growth Promoting Essential Oils of Cedarwood, Sage, Rosemary and Lavender. Also available in Unscented.	Unscented	6.00
	100ml	14.00
	250ml	26.50
	500ml	
	Scented	6.50
	100ml	15.25
--Moisture and Growth Deep Conditioner – with Distilled Water, Glycerine, Olive, Avocado, Organic Virgin Coconut, Jojoba Oils, Avocado and Olive Butters, Conditioning and Detangling Emulsifer, Balsam, Honey Quat, Ayurvedic Herbal Extract of Amla, Brahmi, Bhringaraj and Fenugreek and Seaweed Extract (increases the number of hairs by 10%, hair growth by 27%) and Hair Growth Promoting Essential Oils of Cedarwood, Sage, Rosemary and Lavender. Also available in Unscented.	250ml	29.00
	500ml	
	100ml	6.00
	250ml	14.00
	500ml	26.50
	100ml	6.50
	250ml	15.25
	500ml	29.00

Key:

** 100% natural.

-- Contains 0.5% to 1% synthetic preservative

Company Ethics

Our Commitment to Customers

1) To be Open and Honest with regards to the Therapeutic Claims

Any information we supply regarding to therapeutic properties and effects of our products, treatments and ingredients is based on research evidence. We will not make false, misleading or exaggerated claims.

2) To use Natural Ingredients wherever possible.

Where this is not the case, this will be stated on the Product or Ingredient description.

- Some products require small amounts of synthetic chemical preservatives (0.5 to 1% of final product weight) to ensure their safety against bacterial, yeast and fungal growth and also to increase the shelf life for customer use. We are also limited in the types of preservative we can use due to European Union Cosmetic Regulations.
- We do not use Parabens for preservatives as there are human health and safety issues regarding this ingredient.
- SLS (Sodium Laurel Sulfate) is also not used in our products. This is a foaming, cleansing agent used in bubble baths, shampoos etc. This too has numerous safety concerns.

3) To purchase Raw Materials from sustainable sources, which do not pose a threat to the natural environment nor wildlife of the local area from which they are harvested.

4) To supply our products in minimal packaging, which can be recycled and to recycle packaging we receive from our suppliers. We do not believe in using expensive or unnecessary excessive packaging. We would rather focus on supplying high quality ingredients and products at realistic prices. We encourage our customers to practice recycling too.

5) To supply Ingredients and Products, which have not been tested on animals.

6) To use Vegetable derived Ingredients wherever possible

Where this is not the case, this will be stated on the Product or Ingredient description.

Some products will contain Dairy ingredients and therefore not suitable for vegans e.g. milk powder, yoghurt powder. No products will contain ingredients which are part of an animal.

7) To listen to the Needs of our Customers

We are always open to new suggestions and ideas for product, ingredient or treatment development. Please do contact us with your much valued and appreciated input.

8) To provide High Quality Products at Fair Prices.

9) To support Fair Trade as we expand and grow

We believe in Fair Trade for those Communities in the world who are disadvantaged by both living in underdeveloped countries and by unfair trading practices. However, unfortunately at present, we are unable to purchase Fair Trade due to the higher cost of supplies. This is an area of our work which we are monitoring and as we expand as a business, more of our ingredient supplies will be from Fair Trade Community initiatives.

10) Organic Ingredients

Any organic ingredients we purchase and use in making our products will have undergone certification by the Soil Association or other Certification Body for ingredients which have been imported from overseas.

Reputed properties of Ingredients	
Aloe Powder	Helps to tone, soothe, cool the Skin and Scalp, useful in facial masks, bath salts and also hair products as it also has good moisturising properties
Aloe & Seaweed Gel	Relieves, cools, soothes and revitalises tired, itchy, sore or sunburned skin. Suitable for all skin types, including sensitive.
Amla (Indian Gooseberry)	Is a natural astringent and skin toner that works on both hair and skin. The paste of this powder is said to help promote black and luxuriant hair. Even as it controls hair loss, it stimulates roots and promotes hair growth. This apart, it prevents scalp infection and is reputed to control premature greying of hair. When used on skin, the paste of this powder brightens the complexion and removes pimples and grime.
Aritha	When used on the skin, the powder cleanses the pores and helps the skin breathe better. It also improves the skin texture over a period of usage. As a shampoo, it cleans hair completely. It is specially recommended for washing oily hair. The powder has excellent foaming and shampooing properties
Avocado Butter/Oil	Vitamins A, D and E, hydrating & regenerating, useful for dry, mature, irritated and damaged skin or hair. It also has some natural sunscreen properties (<i>although should not be used as a sunscreen alone</i>).
Baobab Oil	Rich in oleic, linoleic, and palmitic acids and in vitamins A, D, E and F. Historically, it has been used by the indigenous people of eastern and southern Africa for skin and hair care. Baobab is particularly good for eradicating blemishes and spots on the skin thanks to its skin cell regenerating properties
Brahmi (Gota Kola)	May help to make hair dark, dense and lustrous. It also strengthens the hair roots, thus controlling hair thinning and hair loss. When massaged on the scalp, it clears dandruff.
Brazil Nut Oil	An oil rich in proteins and vitamins E and A, this precious gift from the South American rainforest comes from the fruit (nut) of a tree that can grow for a thousand years. Brazil nut oil contains mainly alpha, linoleic, and oleic acids and small amounts of myristic and stearic acids and phytosterols. It helps lubricate and moisturize the hair and skin, providing antioxidant benefits, helps prevent dryness and leaves skin soft, smooth and hydrated.
Calendula	Valuable for treating wounds, scars, burns, and other injuries as it aids in tissue regeneration; also helps to relieve itchy, inflamed skin conditions
Cardamom Floral Water	Antiseptic, anti-infectious, antibacterial aphrodisiac, soothing and uplifting in times of stress and anxiety
Carrot Seed	Beneficial for dry, mature, congested skins, rashes, dermatitis, eczema, psoriasis, fluid retention, irregular periods, period pain, PMT, indigestion, liver congestion.
Castor Oil	Soothing and protecting, excellent for inflammation, rashes and general skin irritations. Useful Hair Oil, reputed to assist in growth, will also help seal in moisture. Used in Indian Ayurvedic medicine for lumbago, sciatica and rheumatism.
Cedarwood	Reputed to be useful for hair growth, helps clear dandruff, helps sedate the nervous system, good expectorant for coughs and colds, useful for arthritis and rheumatism
Celery Seed	Useful for arthritis, toxic build up, cellulite, rheumatism, liver congestion, irregular periods, neuralgia, sciatica
Cocoa Butter	Moisturises, soothes, protects and retains the elasticity of the skin and hair. Useful for dry, mature, cracked, irritated, sensitive and sore skin/scalp, stretch marks (prevention and to reduce appearance of), eczema, psoriasis and dermatitis, skin damage caused by sun and extreme weather, scar tissue.
Coconut Oil	Moisturising with powerful antioxidant properties, Useful for dry, congested, itchy, flaky, mature/ageing and sensitive skin. Absorbs readily into the skin and is able to penetrate the hair shaft. Provides protection from the damaging effects of the sun (<i>although should not be used as a sunscreen alone</i>). Has the ability to destroy bacteria, fungi and viruses
Coltsfoot	Contains a high level of silica which promotes collagen production. Helps to soothe the Scalp, soften the Hair, add shine and improve elasticity; will also help to clear dandruff
Comfrey	Conditioning to the Hair and Scalp, soothing and anti-irritant for dry, itchy scalp; also adds strength, shine and softness to the hair
Evening Primrose Oil	Excellent for all round skincare: assists in wound and scar healing, eczema, psoriasis, irritated, chapped & dry skin. The high level of essential fatty acids inhibits bacterial growth and allows our systems to defend and protect against infection and inflammation.
Flaxseed Oil	Flaxseed is very high in the natural anti-oxidant Vitamin E, anti-inflammatory high in essential fatty acids, B vitamins, protein and minerals... It is also a good oil for preventing scarring and stretch marks
Frankincense	Normal, combination, dry and mature skin types, stretch marks, scars, mastitis, labour pain, heavy periods, PMT, rheumatism, anxiety, depression, nervous tension and stress related symptoms, asthma, bronchitis, coughs, colds and flu.
Geranium Water & Geranium	Acne, broken capillaries, congested skin, dermatitis, eczema, oily skin, regulates sebum (oil) production, mature skin, burns and wounds, cellulite, poor circulation, PMT and menopausal symptoms, stress and nervous tension
Ginger	Arthritis, muscular aches and pains, poor circulation, rheumatism, sprains, strains, coughs, sinusitis, indigestion, nausea, colds, flu, fever, fatigue, nervous exhaustion.
Glycerine	Moisturising humectant (draws moisture to the skin and hair), leaves skin and hair feeling silky and smooth
Grapefruit	Acne, congested and oily skin, anxiety, depression, mental exhaustion, nervous tension and stress related symptoms, headaches, toxic build up, fluid retention, cellulite, poor muscle tone, muscle fatigue, digestive, liver and gall bladder conditions
Grapeseed Oil	Moisturizing and nourishing properties, easily absorbed, leaves your skin or hair soft and smooth without feeling greasy. A good oil for acne and oily skin as it has astringent properties. Is also useful for dry, damaged or aging skin. Contains essential fatty acids, vitamins, minerals and protein.
Hibiscus	Hibiscus extract visibly promotes even tone and texture to skin affected by cellulite. Hibiscus extract is used throughout Polynesia, Southeast Asia, and Central and South America for creating an infusion to cleanse, soften, and soothe hair and scalp, it will also help to create good sheen to the hair.
Honeyquat	Derived from Honey, is moisturising, humectant (draws moisture to the hair and skin – four times more than glycerine), soothing, antiseptic and anti-bacterial
Horsetail	Nutrient-rich herbal high in silica, essential to collagen production. A vegan alternative to collagen treatments, it firms and refreshes the skin and promotes healing. Often used in conjunction with coltsfoot in hair care products, it strengthens the hair shaft and adds sheen and elasticity
Jasmine	Beneficial for all skin types especially dry, mature; anger, anxiety, apathy, depression, frigidity, impotence, nervous tension, stress related symptoms, coughs, PMT, heavy or painful periods, labour pain, menopausal symptoms.
Joboba Oil	It is highly penetrating and closely resembles the natural sebum within our skin and scalp, contains natural collagen. Jojoba is actually a liquid wax. It is highly penetrating. It is balancing for the skin, particularly oily skin. It contains Myristic acid, a natural anti-inflammatory and is beneficial to problem skin. Jojoba also has natural anti-oxidant properties. Used in facial products can help to remove excess oils, unblock and cleanse the pores and to help balance the skin's natural oil. Actually creates a protective film over the skin and hair shaft that helps seal in moisture.
Lavender	Suitable for all skin types, eczema, psoriasis, inflamed skin, itching, scars, sunburn, stretch marks, anxiety, depression, insomnia, nervous tension, stress related symptoms, asthma, coughs, colds, flu, cellulite, high blood pressure, varicose veins, labour pain, PMT, period pains
Lemon	Suitable for oily & congested skin chilblains, insect bites, varicose veins, arthritis, cellulite, high blood pressure, poor circulation, rheumatism, asthma, bronchitis, colds, flu and infections. Helps to tone the Scalp and Skin.
Lime	Suitable for oily & congested skin chilblains, insect bites, varicose veins, arthritis, cellulite, high blood pressure, poor circulation, rheumatism, asthma, bronchitis, colds, flu and infections. Helps to tone the Scalp and Skin
Macadamia Butter & Oil	Moisturising, light, non-greasy, easily absorbed, and useful for all skin types. Particularly suitable for mature and dry skin and also provides a protective barrier from damage caused by harsh weather. Closely mimics the natural sebum of the Scalp and Skin, so also a useful Hair Oil.
Mandarin	Beneficial for congested and oily skin, scars, stretch marks, insomnia, nervous tension, anxiety and depression, cellulite, fluid retention, cramps, PMT
Mango Butter	Moisturising & regenerative properties. Protects against the sun (<i>although should not be used as a sunscreen alone</i>). Reduces degeneration of skin cells and restores elasticity, useful for dry and mature skin or damaged hair.

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Marjoram	Useful for stress and stress related conditions e.g. insomnia, headaches, migraines also PMT, rheumatic pain, muscle spasms, swollen joints and painful muscles
Marshmallow Root	An excellent hydrator and skin soother. Helps soften, protect and regenerate the skin. It has a high level of mucilage, which helps to add slip and condition to Hair Products, also helps with detangling.
Methi (Fenugreek)	Helps with Hair Growth, clearing dandruff, is moisturising and conditioning when used as a hair pack, also soothes an itchy, inflamed scalp. Also used to help combat acne and pimples when used in a facial mask.
Mustard Seed Oil	Often used as part of Ayurvedic (Indian) Treatments, it is used for hair care and for skin care products where the body needs warming e.g. aches, pains, rheumatism, and arthritis. Mustard seed oil contains high levels of selenium and zinc (lack of which has been linked to hair loss). It is also rich in beta-carotene, which stimulates the production of vitamin A, and is also a very good source of omega-3 fatty acids as well as iron, calcium, zinc, manganese and niacin
Neroli (Orange Blossom)	Acne, eczema, scars, stretch marks, thread veins, tones all skin types, especially dry, mature or sensitive skin; depression, anxiety, low libido, insomnia, irritability, nervous tension, shock, stress, indigestion, spasm, PMT and menopausal symptoms.
Nettle	Primarily used as a cleansing, detoxifying and soothing agent. Helps many skin and hair conditions: particularly dry, irritated skin/scalp, will also stimulate the scalp encouraging greater hair growth, is an astringent and so will help to tone the scalp and help clear dandruff.
Nutmeg	Helpful for arthritis, gout, muscular aches and pains, rheumatism, indigestion, sluggish digestion, nausea, low libido, neuralgia, nervous fatigue.
Oat Extract	Soothing and moisturising, anti-irritant and anti-inflammatory to the skin and scalp, also used to help treat problem skin e.g. acne, pimples etc
Oatstraw	Add softness, strength and shine to the hair; also helps to calm dry, itchy and irritated scalp conditions; also used for skin softening products. Contains a high level of Silica, essential for collagen production.
Olive Oil (Extra Virgin)	It is a good oil for skin care, especially dry skin. It makes an excellent conditioner for hair and nails. Rich in minerals, vitamins, and proteins and essential fatty acids
Olive Wax	Olive wax is an excellent moisturiser and also creates a protective barrier for the skin during harsh weather conditions
Orange	Acne, congested and oily skin, water retention, cellulite nervous tension & stress related symptoms, depression, insomnia, bronchitis, coughs and folds, indigestion, spasmodic pain
Palmarosa	Acne, dermatitis, scars, ageing skin, stimulates cellular regeneration, regulates sebum (oil) production of the skin, digestive complaints, nervous exhaustion, stress related conditions
Panthenol	Natural hair thickener that helps gives hair body and hold. An excellent hydrator, it helps nourish and strengthen the scalp and promote hair health. Also used as a natural skin hydrator, it is sometimes known as Pantothenic Acid.
Patchouli	Acne, athletes foot & other fungal infections, cracked and chapped skin, dermatitis, eczema (weeping), oily skin, open pores, mature skin and wrinkles, fluid retention, PMT, low libido, nervous and mental exhaustion, anger/frustration and stress related symptoms.
Rhassoul Clay	Mined from beneath the Atlas Mountains in Morocco, Rhassoul has long been used as a Hair, Facial and Body Mask Clay, drawing out impurities from the skin and scalp, helping to balance out skin tone and stimulate circulation in the area of application.
Roman Chamomile	Acne, sensitive, inflamed or irritated skin, chilblains, dermatitis, arthritis, inflamed joints, muscular pain, rheumatism, indigestion, scanty periods, menopausal symptoms, headaches, insomnia, nervous tension and stress related symptoms.
Rose	Dry, inflamed, sensitive, mature and ageing skin, eczema, broken capillaries, thread veins, scars, asthma, anger, anxiety, depression, stress & nervous tension, grief, shock, headaches, pmt, heavy or painful periods, labour pain, menopausal symptoms.
Rose Geranium	Helpful for acne, broken capillaries, congested skin, dermatitis, eczema, oily skin, regulates sebum (oil) production, mature skin, burns and wounds, cellulite, poor circulation, PMT and menopausal symptoms, stress and nervous tension
Rose Powder	The powder is an essential ingredient in many face packs, hair packs, hair oils and perfumes because of its cooling properties and soothing fragrance. For centuries rose has been used in perfumes and as a coolant for eyes and body. It is also effective in curing skin infections, inflammation, swellings and prickly heat
Rose Water & Rose	Dry, inflamed, sensitive, mature and ageing skin, eczema, broken capillaries, thread veins, scars, asthma, anger, anxiety, depression, stress & nervous tension, grief, shock, headaches, PMT, heavy or painful periods, labour pain, menopausal symptoms.
Rosehip Oil	Rich in essential fatty acids, vitamins and minerals. It has natural anti-oxidant properties and is slightly astringent. Rosehip oil helps improve skin elasticity, regenerate skin cells, slow down premature aging, reduce the formation of wrinkles, stretch marks and reduces scarring. Rosehip oil is a suitable choice for maturing or damaged skin where the regeneration of new skin cells is needed.
Rosemary	Reputed to be useful for hair growth, clears dandruff, improves hair shine, helps relieve muscle and skeletal pain, increases circulation, stimulates physical energy levels, improves mental clarity
Sage Essential Oil and Herb	Reputed to be useful for hair growth, also for oily/congested skin, regenerating scar tissue through cuts or burns, reduces pain in muscles and joints, tonic to the digestive system, cleanses toxins, helps bring about greater mental clarity
Sandalwood Powder	Traditionally used in India for Facial Masks, helps to soothe and cool inflamed or irritated skin and so useful for sunburned skin and also for headaches which are due to a build up of pressure and tension, where soothing and cooling is required. Also helps to clear acne, spots and pimples, help with the signs of ageing skin.
Sea Salt	Stimulates circulation, hydrates & detoxifies the skin, increases moisture retention, promotes cellular regeneration and helps heal dry, irritated skin. Reduces inflammation of the muscles and joints, relaxes muscles and relieves pain and soreness when we bathe in sea salt.
Seaweed Powder	This cleanses and detoxifies the body and scalp, also is reputed to help promote hair growth, thickness, luster and shine. Contains 37 minerals and trace elements, particularly high in Iodine and Iron.
Shea Butter	Moisturises, soothes, protects and retains the elasticity of the skin. Useful for dry, mature, cracked, irritated, sensitive and sore skin, stretch marks (prevention and to reduce appearance of), eczema, psoriasis and dermatitis, skin damage caused by sun and extreme weather, scar tissue
Shikakai	Acts as a natural astringent for hair enhancing its binding properties. It clears dandruff and cleans the dirt accumulated in the scalp. Being a natural conditioner for hair, Shikakai strengthens hair roots and promotes luxuriant growth. Shikakai Powder has certain vital properties that act as coolants for the scalp.
Silk, Corn and Wheat Proteins (Hydrolysed)	Hydrolysed proteins are of low molecular weight, allowing them to penetrate deep into the skin and hair shaft. They have excellent water-binding properties and thus maintain moisture levels in the skin and hair. They help retain elasticity in the hair, improve strength and impart a soft and smooth feel to the skin and hair.
Soyabean Oil	Soybean oil contains approximately 60% polyunsaturated fatty acids. It is also a good source of vitamin E. Can be used as an alternative to Grapeseed and sweet almond oil. Soya Bean is extremely high in Lecithin, Sterolins, and Vitamin E. has very little scent characteristic of most carrier oils
Sunflower Oil	A moisturising & softening oil containing vitamins A, B, D & E, calcium, zinc, potassium, iron & linoleic acid. Aids cell regeneration and is highly recommended for mature or damaged skin
Sweet Almond Oil/Butter	Excellent for all skin and hair types, nourishing & protecting contains vitamins A, B1, B2, B6 & E it is well suited for eczema, psoriasis and itchy, dry and inflamed skin. Sweet almond oil is light and easily absorbed into the skin.
Tangerine	Acne, congested and oily skin, water retention, cellulite, nervous tension & stress related symptoms, depression, insomnia, bronchitis, coughs and colds, indigestion, spasmodic pain
Vitamin E	Highly moisturising, helps with acne, promotes wound healing and prevents scarring, useful for eczema, psoriasis and other skin conditions, reduces UV induced damage, protects against weather damage, also helpful to treat burns secondary to radiation therapy. Often used to prevent stretch marks on the abdomen.
White Kaolin	A gentle, cleansing clay which can be used for Facial or Hair Masks. Contains a variety of essential minerals: potassium, iron, magnesium etc
Ylang Ylang Water & Essential Oil	Helps to regulate sebum (oil) production in both dry and oily skin, tones all skin types, high blood pressure, rapid breathing & palpitations, PMT, anger, frustration, depression and anxiety.

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